

# STROKE?

Think FAST & save a life

CALL 999

**F** ace – Can they smile?  
Does one side droop?



**A** rm – Can they lift both  
arms? Is one weak?



**S** peech – Is their speech  
slurred or muddled?



**T** ime – To call 999.



If you see these signs call 999 **FAST**.  
Chest Heart & Stroke Scotland

# Think FAST & save a life

# CALL 999

A stroke is a medical emergency.  
It can happen to anyone at any time.

To check if someone is having a  
stroke use the F-A-S-T test.

By calling 999 early treatment can be  
given which can prevent further  
damage to the brain.

Chest  
Heart &  
Stroke  
Scotland



healthier  
scotland  
SCOTTISH GOVERNMENT

Advice Line 0845 077 6000

[www.chss.org.uk](http://www.chss.org.uk)

Scottish Charity No. SC018761