



THE UNIVERSITY
of EDINBURGH

see me...

Since the signing of the 'see me' Pledge on the 19th January 2012, when The University of Edinburgh committed to working with 'see me' to challenge stigma and discrimination around mental health issues in the following ways, the following actions have or are being progressed:

- Prominent display of 'see me' posters and postcards is available throughout the University, and also at our Welcome Days for new staff Information Stand and at Student Freshers week.
- Healthy Working Lives achieved Gold Award and a Health Promotion Group has been established. See: <http://www.ed.ac.uk/staff-students/staff/health-wellbeing/about/healthy-working-lives>
- Mental health awareness raising continues by working in partnership with the Joint Unions, EUSA and other national mental health organisations through the Edinburgh Mental Health Forum and Public Policy Network.
- A Mental Health Strategy Group has been established.
- More Mental Health awareness training is provided through in-house courses. Mental Health support to staff and students through the Staff support services and Student Disability office to enable them to reach their full potential as required by the University Equality Outcomes and Actions. See Section 1.5 and 1.7 of the Equality Outcomes Action Plan at Annex 1.